



REINTEGRATIVE THERAPY ASSOCIATION

	“Conversion therapy”	Reintegrative therapy®
Definition	No precise definition- broad, nonscientific term referring to attempts to change a person’s sexual orientation.	Specific, trademarked term referring to a therapy which uses evidence-based interventions designed to resolve traumas and develop greater attachment security.
Attempts to change sexual orientation	Yes. Sexual orientation change is the goal.	No. Clients are not encouraged to try to change their sexual orientation. Rather they resolve trauma using published, evidence-based treatment approaches. Changes in sexuality are the byproduct.
Available for	Clients who wish to change their sexual orientation	Anyone wishing to resolve trauma and develop greater relational attachment security
Qualifications for therapy provider	None	Must be a clinical psychotherapist adhering to the Reintegrative Therapy Association’s ethics code
Ethics code	None	Set forth by the Reintegrative Therapy Association
Trademark	None	Yes
Licensing	None. Any individual can be a “conversion therapist.”	The Reintegrative Therapy Association, a 501(C)3 non-profit organization, has exclusive licensing rights for qualifying mental health practitioners.
Evidence-based interventions	Incorporates non-scientific interventions.	Employs specific evidence-based treatment interventions.
Who directs the therapy	The client or the therapist chooses the therapeutic goals, depending on the treatment.	Clients choose their own therapeutic goals.
Employs aversion techniques (shame, pain or coercion).	Sometimes	Never
Empirical evidence of negative side effects	Some. Reports vary.	None
Treatments are equally applied to clients of any gender or sexual orientation	No	Yes. Treatment approaches are identical, regardless of the client’s gender or sexual orientation.